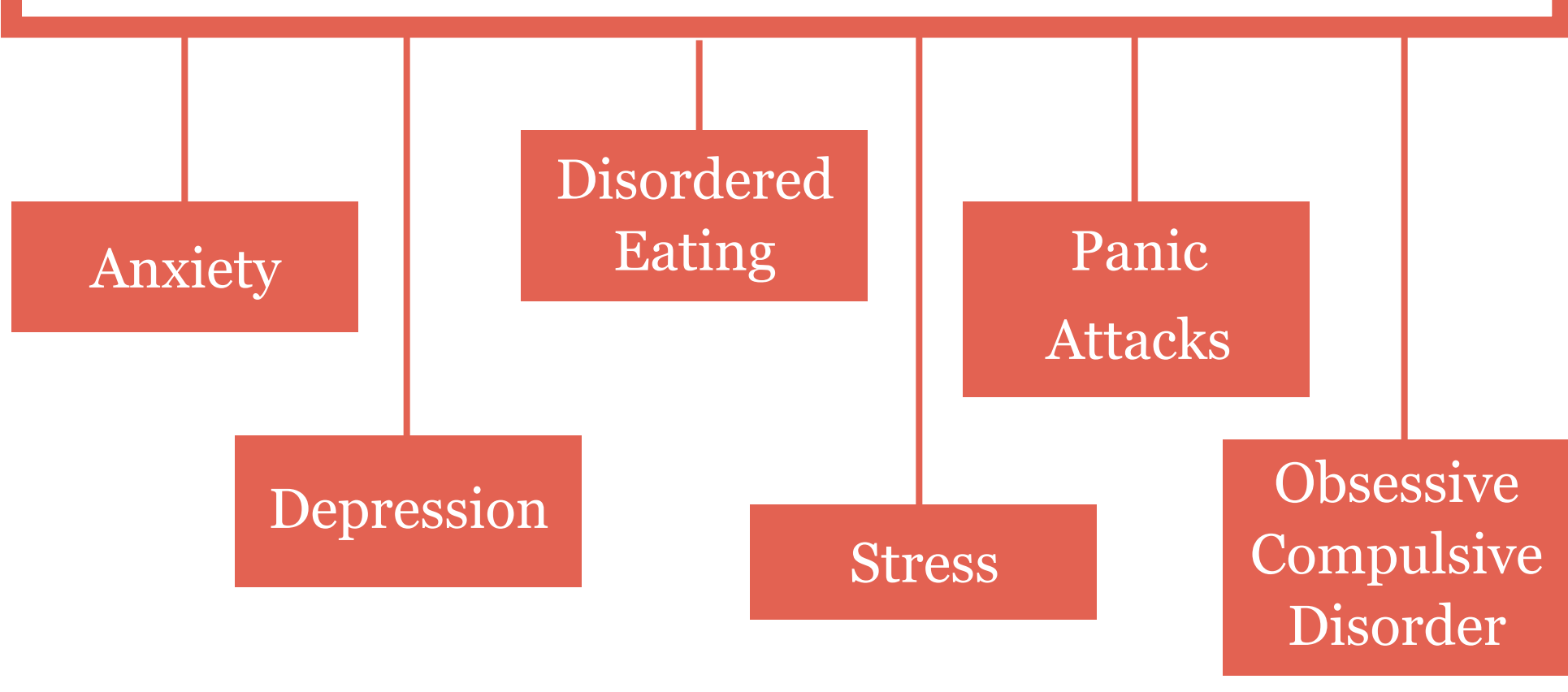




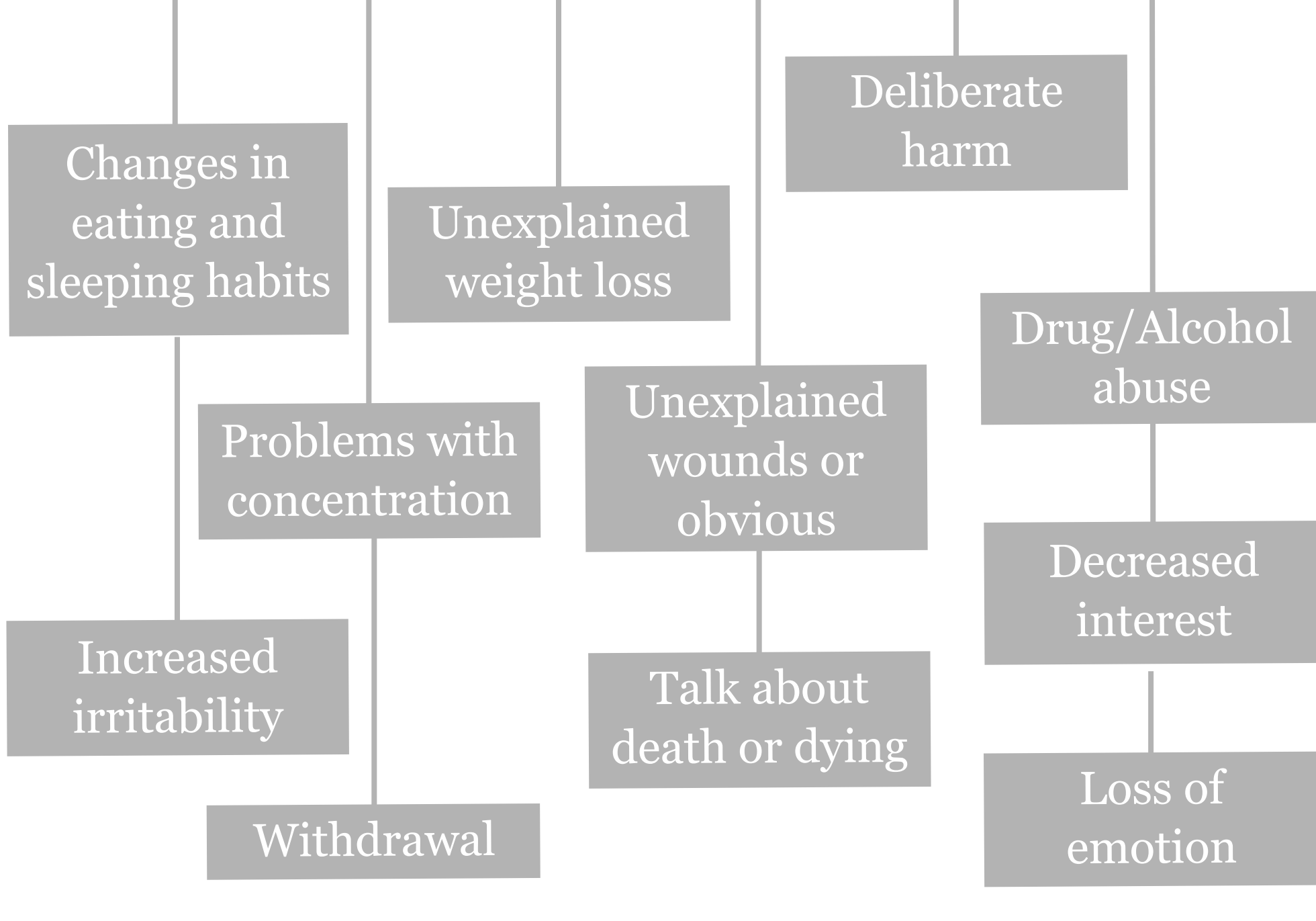
In Athletics

Student athletes are susceptible to not only physical injury or illness, but mental ailments as well. At Beaver Sports Medicine and the local high schools that we contract ATCs at, we strive to provide a positive, welcoming environment where student athletes can express their concerns freely about their mental health as well as their physical health. These issues can include but are not limited to:



Recognition

The sports medicine team should be aware of certain signs and symptoms associated with the above conditions, these may include:



Treatment & Management

Communication

Prompt communication with the athlete and between the sports medicine team is crucial for early recognition.

Any coach or staff member with knowledge of existing mental health conditions should relay said information to the appropriate medical personnel.

Referral

Treating mental health conditions is outside the scope of practice of athletic training, therefore any athlete suspected of a condition related to mental health will be referred to proper mental health care professionals.

Return To Play

All return to play decisions will be at the discretion of the providing physician and as with any other athlete information, mental health issues are to remain confidential.